

Working towards a Better Life!

Bible lessons to help us become
closer to who we want to be...

Your life can be better!

Often times, I have the opportunity to hear from people who are struggling with something in their life. The struggles are difficult, painful and real. If you happen to be in a place in your life where things just aren't where you want them to be, I want you to know that you don't have to accept that position in your life permanently. Things can change! Too many times, we dwell in the situation we are faced with rather than trying to do what we can to make it better. This series of lessons is designed to help us work towards the life we want with the help of God.

What we all have in common...

**We all want something to get
better in our lives...**

**Can you think of a Bible character that
received something better for their lives
from God?**

Bible characters with better lives...

- David went from shepherd boy to King
- Hannah was barren, but was blessed with children
- Abraham and Sarah were old in years when they were miraculously blessed with a child
- Blind men were made to see
- The starving were fed
- The sick were healed
- There are many more examples of how God made life better for His children. **He wants us to have better lives too!**

You want something better, don't you?
Which of the following are you seeking?

- a better relationship with God
- better finances
- better health
- a better job
- better relationships with people in your life
- to cope better with your problems
- a better my home environment
- to better deal with conflict
- to better yourself

*We all want something to get
better...*

**and God has the power to
help us get there!!**

With God, it is possible!

- Mark 9: 17-23
 - The boy's father was desperate for a cure for his son and so he asks Jesus for help. He asks Jesus, "If you can do anything, take pity on us and help us." Jesus replies, "If you can?"
 - We must remember that the Lord can do anything! When we doubt him, he is disappointed in us. Everything is possible for him who believes.
- Mark 10: 27
 - Even if what you are seeking seems impossible for you, remember that what is impossible for man is possible for God!

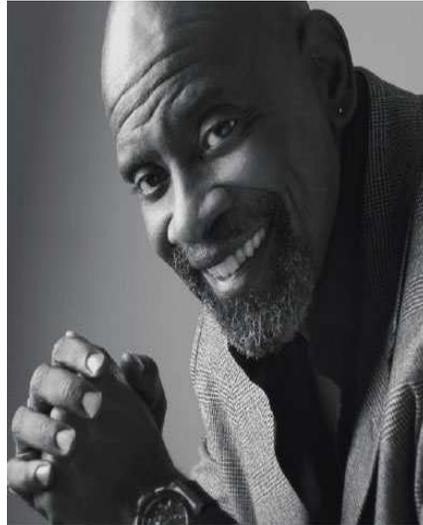
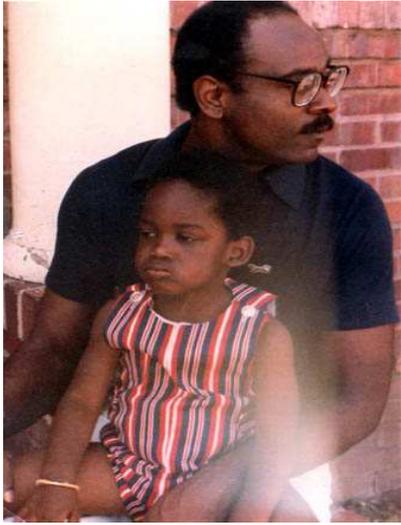
Amazing Life Transformations

Look at how they changed their life!



Amazing Life Transformations

From homeless to a millionaire!



Amazing Life Transformations

Marriages and relationships can be better!



Amazing Life Transformations

You can reach your dream. It's not too late!



Reaching personal goals is not easy.
What qualities do you believe a person
needs in order to transform or change
their life for the better?

How bad do you want to reach your
goal? Are you willing to do the work
necessary to achieve it?

Amazing Life Transformations require...

- Faith
- Courage
- Hard work
- Dedication
- Discipline
- Tenacity
- Resilience
- Drive
- Vision

Be bold enough to **set your goal.**

So, what is it that you want for
your life?

Complete the following sentence:

“I want...”

Is what you want for your life in line with what God wants for you?

Sometimes, we want things for our life that God knows are not good for us. Just as a parent doesn't give his or her child everything they want because they know some things look good, but aren't good, God also uses his judgment when deciding whether or not to grant our requests.

Even as Jesus suffered, he asked God to take his suffering (his cup) away. Jesus then said, "Yet not as I will, but as you will..." In other words, if suffering was part of God's will for His life, Jesus was willing to accept it because He knew that God's will was perfect.

Matthew 26:39

Pray and ask God what His will is for you.
Once you feel confident that your goal is
in line with God's will for your life, the next
step is to **make a plan...**

**How do you plan to go about
accomplishing what you want?**

Proverbs 20: 18

Psalm 20: 4

Create Your Goal

Make it Specific

**What is it exactly that you want to
accomplish?**

- **I want to be \$5,000 less in debt than I am
today**
- **I want to lose 20 pounds**
- **I want a good relationship with my loved one**
- **I want to go back to
school**

Create Your Goal

Make it Realistic

Improve your life one step at a time. Sometimes when we jump ahead too far and we don't see progress, we get discouraged. Create a goal in which you can see the progress you're making step by step.

Set a Time

Set a time to begin working towards your goal and set a time in which you hope to accomplish it.

Sample Goals

Remember...Specific, Realistic, Make a Plan and Set a Time

Within the next six months, **my goal is to be in better health** than I am today. I plan to eat better foods, exercise at least 3 times a week and make an appointment to see my doctor.

By the end of the year, **my goal is to be \$3,000 in less debt** than I am today. I am going to try to cut my monthly utility bills, gas usage and money spent on eating out and entertainment. I will use the savings to apply to my outstanding debt.

Homework:
Defining Your Own Goal

- **Set a specific and realistic goal**
 - **Make a plan**
 - **Set a time**
- **Our lesson next week will be a continuation of what we have started working on this week. See you then!**